

Summer course

15 - 22 July 2018 (travel included) / 30 hours / 10am-1pm and 2pm-5.30pm

NATURAL DYES

etic

ESCOLA
DE TECNOLOGIAS
INOVAÇÃO
E CRIAÇÃO

partnered with

ALDEIAS DO
XISTO
A descoberta começa aqui

This July, ETIC and Aldeias Do Xisto are offering two week-long summer courses. The courses are held in the Village of Janeiro de Cima in Portugal's green interior, and will deliver a mix of study and leisure experiences, while addressing the making and thinking in the field of Fashion Design.

TO WHOM?

For students or professionals in creative areas including fashion, design, drawing, fine arts, multimedia, and graphic design (among others) as well as for someone who wants to take a break and learn new skills.

The course does not require previous experience or knowledge of its specific area.

WHAT DO I LEARN?

- Practical and transversal perspective of the steps and key challenges of working with weaving structures.
- Support and advice from experienced professionals.
- Develop and produce your ideas, enhance your creative potential, and increase your professional network.

CALENDAR

- 15 - 22 July 2018
- This summer course starts on the 15th of July with the departure from Lisbon to Janeiro de Cima, Fundão.
- Workshops from Monday to Friday.
- The course ends on the 22nd with the return to Lisbon.

PLUS

The course includes transportation, accommodation, and meals for 7 days in Aldeias do Xisto. All the necessary materials for the 5 days of the course are also included.

THE COURSE

In recent years there has been a growing demand for products made with natural paints. The techniques of dyeing, painting and stamping with organic paints extracted from plants and insects are highly beneficial for the environment and for the well-being of people. The reintroduction of plants for dyeing, their

cultivation and the use of more advanced technologies can also be a part of a solution to a world-wide problem. It is an economic and sustainable opportunity to renew and activate a relationship with our territory and its resources, particularly with water, land and the well-being of the population.

STRUCTURE

1. Introduction to dyeing plants as a source of color for sustainable fabrics (the identification of plants and their colorants)
2. Classification of dyes, working with some of the major dyes: solid colors and stable color palettes that can be obtained.
3. Flat dyeing by immersion.
4. Manufacturing of inks based on plants and insects, and preparation of these inks for textile surfaces.
5. Organic screen printing. Stamping of cloth meters in rapport.
6. Mordants use for screen printing.
7. Ecoprint, using leaves as natural stamp.
8. Ecoprint on colour.

INSTRUCTOR

ALICIA ARRANZ

Alicia Mediavilla Arranz was born in Segovia in 1967. After completing her studies in Madrid and Segovia, she opened her silk painting studio at age 23 and began her professional career as a textile artist. She is Technical Superior in Graphic Arts and Design and Technique in Tapestries and Carpets. In the last 5 years, she has been developing the practice of dyeing, painting and printing techniques with organic inks extracted from plants and insects. She currently combines her work as a textile artist with the teaching and training of people who want to cultivate and / or use plants as a source of clean, sustainable colour.

ABOUT THE COURSE

Workshops: from 10am to 5.30pm, with lunch break. Before and after the workshop, participants will have time to relax and enjoy the long summer days on this valley of the river Zêzere between mountains and forests. The group can explore the roaming river water, the surrounding forests, the village's 17th century architecture with its narrow schists streets.

On Saturday 21st a final event will take place: a ride down the river in Janeiro da Cima's traditional boats, followed by a guided walk through the forest with an interpretive tour of the landscape, and a picnic.

On Sunday 22nd, after breakfast, the bus will take the participants back to Lisbon.

LEGAL REQUIREMENTS

Participants are responsible for arranging travel insurance for the duration of their stay, including accident, liability, thefts of personal items, and health coverage. For participants coming from abroad the travel insurance should include a return transport to their country of residence (in case of medical evacuation). Participants who are on special medication need to make sure they have enough supplies for their staying. The nearest city is Fundão, about 30km away (50 minutes by car) where pharmacies and a hospital can be found. Participants should inform ETIC in advance in case of any food restrictions or allergies.

APPLICATIONS

info@etic.pt

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Candidates should submit the online application form.

PRICE AND PAYMENT CONDITIONS

Total amount: 950€

> the payment can be split in two: first part (475€) due on the enrolment date and second part (475€) due a week before the beginning of the course.

For more information, please contact us.

TRAVEL DETAILS

Travel by private bus to the village of Janeiro de Cima. Departure from ETIC, in Lisbon at 3pm on Sunday, July 15. The trip will last 3 hours. That evening, participants will get to know the accommodation, the village, the river beach, the Fiado restaurant, Casa das Tecedeiras, among others. Dinner will be also a moment of presentation to the local team and to the instructors who will support the summer course.

ACCOMODATION DETAILS

Participants will stay in Janeiro da Cima's rural tourism houses of Casa de Janeiro and Casa da Pedra Rolada, with bed linen and towels provided. These original village houses combine traditional schist and pebble stone masonry with the comfort of the renovated interiors with central heating, as well as a fully equipped kitchen. Participants will share a whole house, staying either in single rooms or sharing rooms for two with single beds. A breakfast is served in the house every morning. Lunch and dinner include soup, main course and dessert, and will be served at the local restaurant Fiado where the kitchen is run by an experienced chef and the menu is based on local and regional ingredients, with options for vegans, vegetarians, or other food requirements.

SUMMER SCHOOL CRAFT X INNOVATION

is a part of ETIC's new Fashion Impact program – a laboratory to think and make Fashion Design in a political and social responsible manner, and to generate professional and business opportunities in the fashion industry. This program is a response to today's transforming models and forms of design: to the necessity of rethinking processes, and to the closeness between thinking and doing that should drive a search for more sustainable practices that interconnect culture and tradition with innovation and entrepreneurship.

SUMMER SCHOOL CRAFT X INNOVATION integrates the project "Laboratório Terra – O Regresso do Linho" that Aldeias do Xisto are implementing in Janeiro de Cima with the objective of returning the plantation of linen to the margins of Zêzere River. Although the plantation has disappeared the weaving of linen traditions is alive in the community and in the Casa das Tecedeiras ("weaver's house"). The goal of this project is to reconnect people and land, while developing new business areas which include agriculture, crafts, design and tourism, supported by new links to global search for wellbeing and environmental responsibilities.

Janeiro de Cima is situated on the shores of the Zêzere river, Portugal's coldest river, within a natural environment of slate stone houses, river rocks, and deep forests. Together these locations offer a change of pace, create an atmosphere of immersion and reflection, and provide the backdrop for a summer program that is rooted in tradition, skill, leisure, and innovation.

This setting aims to provide a space and focus for the mind that will allow for the emergence of new paths. By offering a mixture of study and leisure experiences, participants will approach creation and thinking, craft techniques and practices, within an innovative environment that will encourage rethinking of proposals in the area of clothing, textiles, and fashion design.

This course is guided by professionals with extensive experience in the field, who will share their technical knowledge and also a philosophy of life associated with their practice and individual experience.

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SUMMER SCHOOL CRAFT X INNOVATION // **NAT. DYES** // pag 2